

## CURRICULUM VITAE

Name : Sobia Masood  
Designation : Assistant Professor, National Institute of Psychology,  
Quaid-i-Azam University, Islamabad, Pakistan  
Father's Name : Tariq Masood  
Date of Birth : July 08, 1979  
Domicile : Punjab  
NID Card No. : 210-79-761471 (Old) 37401-1432538-6 (New)  
Nationality : Pakistani  
Religion : Islam  
Marital Status : Married  
Address (Office) : National Institute of Psychology, Quaid-i-Azam University,  
P.O. Box 1511, Islamabad, Pakistan  
(Present Residence) : House No. 283-D, Ghazikot Township, Mansehra, N-W.F.P.  
Phone : Off: (9251) 90644018, 2896013, Cell: (92346) 4653234  
Email : sobiamasood@hotmail.com

### Present Job Status

- **Assistant Professor (BPS-19/Deputation) in Department of Psychology, Hazara University, Mansehra (On Deputation from NIP since July, 2008 to date).**
  1. Teaching the courses “Research Methods”, “Social Psychology”, and “Computers in Psychology” to the M.Sc. & MPhil students
  2. Supervision of the M.Sc. theses
  3. Faculty Proctor
  4. Member Admission Committee
  5. Secretary, Board of Studies in Psychology
  
- **Assistant Professor (BPS-19/Permanent) at National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad (Since Nov, 2007 to date).**
  1. Assistant Editor, Pakistan Journal of Psychological Research (Since 2003 issue, to 2008).
  2. Coordinator, Gender Studies and Children’s issues.
  3. In-charge NIP Information Dissemination
  4. Supervision of the M.Sc. Dissertations
  5. Teaching the courses “Research Methods”, “Career Counselling”, "Consumer Behaviour", and “Psychology of Mass Media” to the M.Sc. students

### Areas of Interest

**Gender Related Issues:** Gender role attitudes, domestic violence, rape, men’s roles in violence reduction, Deviance, Sexuality, Sexual minorities.

**Health:** Mental health of terminally ill patients, patients with Hepatitis C, Psychological Health of trauma survivors, Reproductive health

**Education:** Educational Need Assessment, creativity, critical thinking, and communication skills in children.

**Psychology of Children and Adolescents:** Effects of home environment on children, child sexual abuse.

**Organizational Psychology:** Human Resource Development, Career Counselling, Consumer Behavior.

## Professional Experience

### (Teaching and Research)

- |                  |  |
|------------------|--|
| Since Nov/2007   | Assistant Professor (BS-19/on permanent basis) in National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad |
| Jan/07-Nov/2007  | Lecturer (BS-18/on permanent basis) in National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad            |
| Nov/03- Jan/2007 | Research Associate (BS-17/on permanent basis) in National Institute of Psychology (NIP), Quaid-i-Azam University, Islamabad  |

### (Counseling and Research)

- |                   |   |
|-------------------|---|
| July/05-to Feb/06 | Served as a “Junior Consultant” on project titled “Inculcating life skills at the primary level education” at Sustainable Development Policy Institute (SDPI), Islamabad.   |
| Oct- Dec/05       | Served as “Counselor” for Earthquake Survivors (Patients with Spinal Injury) at Armed Forces Institute of Rehabilitation Medicine (AFIRM) assigned by Organization for Rehabilitation of Disabled People (ORDP), Islamabad.                                     |
| April/04          | Worked as “Research Assistant” in ESRA baseline project for achievement testing of primary school children with Dr. Muhammad Pervez, Professor, National Institute of Psychology, Quaid-i-Azam University, and Islamabad.                                       |
| Jan-Mar/04        | Worked as “Research Assistant” on Project titled, “Masculinities and Feminities: Changes Envisaged” (funded by UNESCO, Islamabad, Pakistan) with Dr. Anila Kamal, Associate Professor, National Institute of Psychology, Quaid-i-Azam University, and Islamabad |
| Feb/04            | Participated as “member of selection committee” for students of Pearl Valley School, Kashmir Education Foundation, Rawalakot.   |

- July-Dec/03                      Worked as “Research Assistant” in Project titled, “Need Assessment of Out-of-School Adolescent Girls in Pakistan” (funded by UNESCO, Islamabad, Pakistan) with Dr. Anila Kamal, Associate Professor, National Institute of Psychology, Quaid-i-Azam University.
- Mar-Aug/02                      Worked as “Psychologist” in SACH Struggle for Change (an Islamabad Based NGO) where:
- Served as a counselor for Afghan refugees at Hari Pur SACH office
  - Managing and supervising IRCT (International Rehabilitation Center for Torture Victims) Project carried out by SACH, Islamabad.
  - Facilitated Groups Discussions with Afghan Refugees
  - Co-facilitated micro credit scheme Training
- Dec/01-Jan/02                  Worked as Research Assistant in a project titled “International Armed Conflict: Influx of Refugees, and the perception of its impact on Pakistani Women” (funded by Ministry of Women Development, Govt. of Pakistan) with Dr. Anila Kamal, Associate Professor, NIP assigned by the AIOU collaboration with Ministry for Women Development.
- July-Aug/00                      Internship at Gallup, Pakistan, “Project on Child Rights: Child labour, child beggary and child abuse” assigned by NCCWD in collaboration with UNICEF

**(M. Sc Research Reports Supervision at Quaid-i-Azam University, Islamabad)**

1.        Suicidal Ideation and Depression among Terminally Ill Patients and Healthy Individuals (2004) by Ambreen Nazli.
2.        Relationship between Gender Role Attitudes and Attitudes towards Child Sexual Abuse. (2004) by Ayesha Nisar.
3.        Self Esteem of *Hijra* Community (2004) by Saima Khattak.
4.        Parents’ Discriminatory Attitudes towards Their Daughters in Rural and Urban Areas. (2004) by Hafiz Zahid Nawab
5.        Familial Social Support and Psychological Well-being in Patients with Hepatitis C (2005) by Saima Kulsoom
6.        Relationship between Gender Role Attitudes and Attitudes towards Spousal Violence in University Students (2005) by Yasmin Tahira
7.        Perceived Social Support and Suicidal Ideation in Students (2005) by Ayesha Mehboob

8. Elicited Levels of Death Anxiety in Relation to Earthquake Disaster (2005) by Maryam Mahmood
9. Children's Understanding of TV advertisements (2006) by Rozeena Mumtaz
10. Perception of Family Planning Advertisements among Married and Unmarried Individuals (2006) by Kiran Syed
11. Perceived Career Barriers and Work Motivation among Employed Women (2006) by Shakira Maqsood
12. Fashion Consumer Group and Boredom Proneness among Students (2006) by Ayesha Khalil
13. Perception of Hudood Ordinances among varied segments of society (2006) by Farah Akram
14. Perceived Social Support and Life Satisfaction among Elderly (2007) by Ghazala Irum
15. Inattentional Blindness: Effect of Gender and Noise (2007) by Gulnaz Anjum
16. Work family Conflict and Perceived Social Support among working men and women (2007) by Rabia Zamir
17. Social Competence, Parental Promotion of Peer Relationship and Loneliness among Adolescents (2007) by Tayyiah Tariq
18. Role of Perceived Parental Involvement in School, Family Relations and Academic Achievement (2007) by Nooria Arif

**(Ongoing Research Projects)**

1. Attribution of blame for spousal violence among university students

**(Editorial Work)**

1. Masood, S. (Since 2003 issue to 2008) Assistant Editor of *Pakistan Journal of Psychological Research*, A bi-annual research publication of National Institute of Psychology, Quaid-i-Azam University.
2. Worked with National Democratic Institute (NDI), Islamabad on "Translation of documents" from English to Urdu language (Since Feb/05-April/06).

**(Training Workshops, Conferences and Seminars Conducted/Organized)**

- May/08 Resource Person in a “One Month Skill Development Training Workshop on Supporting the Victims of Torture” at SACH, Struggle for Change, Islamabad.
- April/ 08 Resource Person in a national level training workshop on “Language and Psychosocial Development” for teachers of Special Education conducted by National Institute for Special Education (NISE), Islamabad.
- April/06 Resource Person in a 3-days workshop on “Psycho-Social Interventions for Disaster survivors” at National Institute of Psychology, Quaid-i-Azam University, Islamabad.
- Feb/06 Resource Person in a 3-days workshop on “Psycho-Social Interventions for Earth Quake Survivors” at National Institute of Psychology, Quaid-i-Azam University, Islamabad.
- July/05 Resource Person in a One-day training workshop on “Statistical Data Analysis” at Burn Hall College for Girls Abbotabad.
- April/05 Resource Person in a 5-days Training Workshop on “Human Resource Development to Support Women Victims of Violence” at SACH, Struggle for Change, Islamabad.
- March/05 Presented a seminar on “Commemorating Women’s Struggle on International Women Day” at National Institute of Psychology, Quaid-i-Azam University, Islamabad.
- Sep/2004 Actively participated in organizing the conference by NIP on “The role of Psychology in socioeconomic development of Pakistan”.
- July/04 Resource Person in 5-days National Animators Training Workshop on “Self Awareness, Stress, and Decision making organized by National Youth Commission of Christian Community, Pakistan
- Mar/04 Presented a seminar on “Children’s behavioral problems and interventions” at Haleema-Saadia Montessori, Rawalpindi.
- May/03 Facilitated a workshop on “Behavioral Modification of Cerebral Palsy” for All Pakistan teachers of Special Education conducted by National Institute for Special Education, Islamabad.
- Feb/03 Facilitated a workshop on “Developmental milestones for normal children and a comparison with cerebral palsy children” for All Pakistan teachers of Special Education conducted by National Institute for Special Education, Islamabad.

### **Dissertations**

1. Masood, S. (2004). *Gender role attitudes and attribution of blame for spousal violence*

*in married men and women*. M.Phil. Thesis, National Institute of Psychology, Quaid-i-Azam University, Islamabad.

2. Masood, S. (2001). *Perceived social support and type A behavior pattern in working men and women*. M.Sc. Thesis, National Institute of Psychology, Quaid-i-Azam University, Islamabad.

### Publication

1. Ahmad, M. & **Masood, S. (2009)**. *No One Writes to the Colonel: An event of social protest*. NUML Research Magazine, 4(1) 88-108
2. Irshad, A. S., Masood, A. S., Kamal, A., & **Masood, S. (2008 Oct)**. Domestic Violence and Pregnancy – Perspective from Islamabad and Rawalpindi. *Journal of College of Physicians and Surgeons Pakistan* 18(10), 662-663. Available at [http://www.cpsp.edu.pk/JCPSP/archieve/jcpsp\\_2008/Oct08/20.pdf](http://www.cpsp.edu.pk/JCPSP/archieve/jcpsp_2008/Oct08/20.pdf)
3. Irshad, A. S., Masood, A. S., Kamal, A., & **Masood, S. (2007 Jan)**. Prescribing privileges for Psychologists among university students in Islamabad. *Journal of Pakistan Medical Association* 57(1), 35-36. Available at <http://jpma.org.pk/jpma/01Jan07/fulltex11.htm>.
4. Irshad, A. S., Masood, A. S., Kamal, A., & **Masood, S. (2005 Dec)** Road rage behavior: experiences of university students. *Journal of College of Physicians and Surgeons Pakistan* 15(12), 830-831. Available at [http://www.pakmedinet.com/journal.php?id=20&choice=1&month=December&year=2005&vol=15\(12\)](http://www.pakmedinet.com/journal.php?id=20&choice=1&month=December&year=2005&vol=15(12))

### Articles published in Proceedings

1. Masood, S., & Kamal, A. (2007). Factors influencing attribution of blame for spousal violence. In *Proceedings of the “8<sup>th</sup> International conference on Rights and Empowerment: Gender Issues in Southeast Asia” organized by Women’s Action and Resource Initiative (WARI), Bangkok, Thailand* (pp. 95-110). Thailand: WARI

### Articles presented at conferences

1. Masood, S., & Kamal, A. (2007, Oct 30-31). *Factors influencing attribution of blame for spousal violence*. Paper presented at “8<sup>th</sup> International conference on Rights and Empowerment: Gender Issues in Southeast Asia”. Women’s Action and Resource Initiative (WARI) Bangkok, Thailand.
2. Kamal, A., & **Masood, S.** (2007, May 16). *Gender role attitudes and attribution of blame for spousal violence in married men and women*. Paper presented at one-day National conference on “Gender Issues in 21<sup>st</sup> Century in Pakistan”. Centre for Clinical Psychology, Punjab University, Lahore, Pakistan.

## **Educational Record**

<b>Degree</b>	<b>Board/ University</b>	<b>Passing Year</b>	<b>Div</b>
Ph.D	Quaid-i-Azam University	In process	
M.Phil.	Quaid-i-Azam University	2005	I <sup>st</sup>
M.Sc.	Quaid-i-Azam University	2002	I <sup>st</sup>
B.A.	Punjab University	1999	I <sup>st</sup>
F.Sc.	Rawalpindi Board	1997	I <sup>st</sup>
Matric	Rawalpindi Board	1995	I <sup>st</sup>

## **Distinctions**

- Academic Performance Award throughout MPhil
- Merit Scholarship in MPhil on Admission Merit
- Merit Scholarship from NIP in M.Sc (Ist & 2nd Semester)
- Merit Scholarship from Rawalpindi Board in Matric
- Merit Scholarship from Rawalpindi Board in Intermediate

## **References**

Can be provided upon request